Grief Support

GRIEF **SHARED**
IS GRIEF **DIMINISHED**

Are you an adult who has recently lost a loved one?

Community Hospital's Grief Support Group may help you find healing.

Hospice families or any adult who has experienced a recent loss of a loved one may find that through this group, grief shared is grief diminished.

Where: Community Hospital
1301 East H St. | McCook, NE | Room: Meadowlark Rooms

When: February 4, 18, March 3, 17, 31
April 14, 28 and May 12.
Meetings on Tuesdays from 4:30 - 6 p.m.
This is a closed support group.
New members will not be added after February 4.

Cost: There is no charge to attend. Support for this program has been generously supplied by Community Hospital Health Foundation.

Register: Contact Becky Mai, Community Hospital Social Worker, **(308)-344-8221.**

COMMUNITY HOSPITAL
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COMMUNITY HEALTHCARE AND HOSPICE

1/2020

1301 East H Street | McCook, Nebraska | 308-344-2650 | www.chmccook.org