



Grief Support

GRIEF SHARED
IS GRIEF DIMINISHED

*Are you an adult who has
recently lost a loved one?*

Community Hospital's Grief Support Group may help you find healing.

Hospice families or any adult who has experienced a recent loss of a loved one may find that through this group, grief shared is grief diminished.

Where: Community Hospital
1301 East H St. | McCook, NE | Room: Temp Mtg. Rm.

When: Sept. 21, Oct. 5 & 19, Nov. 2 & 16,
Dec. 7 & 21 and Jan. 4
Meetings on Tuesdays from 4:30 - 6 p.m.
This is a closed support group.
New members will not be added after Sept. 21

Cost: There is no charge to attend. Support for this program has been generously supplied by Community Hospital Health Foundation.

Register: Contact Becky Mai,
Community Hospital Social Worker,
(308)-344-8221.

**Please bring a mask.
Social distancing will be practiced.**



Advanced care. Always there.

COMMUNITY HEALTHCARE
AND HOSPICE