

Medical Oncology

- Cancer Prevention
- Cancer Screening

Occupational Therapy

- Work Related Injuries
- Carpal Tunnel & Hand Therapy
- Ergonomic Assessments
- Sensory Processing/Childhood Development

Process and Performance Improvement

- Quality and Performance Improvement
- TeamSTEPPS
- Process Based Management

Physical Therapy

- Aquatic Physical Therapy & Exercise
- Balance & Fall Prevention
- Building Stronger Bones
- General Physical Therapy Issues & Information
- Blood Flow Restriction Training
- Body Mechanics/Lifting Techniques

President and CEO

- State of the Healthcare Industry
- Community Hospital

Social Services

- Five Wishes Advance Directives
- Power of Attorney

Respiratory Care

- Respiratory Diseases & Current Treatments
- Sleep Clinic
- Smoking Cessation

Speech - Language Pathology

- Parkinson's Disease
- Swallowing & the Elderly
- Strokes (Aphasia Therapy)
- Language Development in Infants & Toddlers
- Communication Devices
- Orofacial Myofunctional Disorder

Sports Medicine

- Athletic Injuries
- Injury Prevention

Workplace Safety

- Emergency Preparedness
- Shelter in Place
- Weather Ready Nation

Workplace Security

- Security in Your Facility



For more information,
contact the
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Program Coordinator,
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**COMMUNITY
HOSPITAL**

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**COMMUNITY
CONNECT**
Cultivating Through Outreach

HEALTHIER

COMMUNITY CONNECT

Cultivating Through Outreach

What is Community Connect?

Community Connect is our commitment to improving the health and quality of life in southwest Nebraska and northwest Kansas. Focusing on supporting and improving the overall health and wellbeing of your employees can lead to increased productivity, decreased healthcare costs, and improved quality of life. The goal is to improve the health of our region by providing opportunities to learn from various health professionals on how to be proactive and prevent disease, become aware of risk factors and learn the overall importance of wellness.

Who can participate?

Organizations or businesses who are looking to provide wellness opportunities to their staff. Community Connect is designed to be inclusive, offering programs and resources to any workplace aiming to improve their employees' health and wellbeing. This initiative is open to all businesses and organizations in southwest Nebraska and northwest Kansas that are committed to fostering a healthier workforce.

What is the cost?

Cost varies based on group size and topic. Contact Baleigh Abbott at 308.344.8550 to get a quote for your group.

Community Connect Topics:

We're dedicated to collaborating with you to address various health-related topics that matter to your business or organization. Below, you'll find a comprehensive list of areas our skilled staff and providers can assist you with. If you don't see your specific need listed, get in touch with us. Your health and wellness is our top priority.

Wellness

- Onsite Blood Draws
- Blood Pressure Screenings

Behavioral Health

- Managing Stress
- Healthy Habits

Chief Financial Officer

- Population & Demographic Changes
- Healthcare Finance/Reimbursement

Community Hospital Health Foundation

- Foundation Events & Activities
- Charitable Giving

Eat Smart - Get Fit

- Diabetes Education & Support
- Managing Portions
- Healthy Cooking Demonstrations

Home Health, Hospice, and Palliative Care

- Home Health Services
- Hospice - Care for the Terminally Ill
 - Grief & Bereavement
 - Palliative Care

Health Information Management

- Keeping a Personal Health Record
- Medical Identity Theft
- HIPAA

Healthy Heart Initiative

- Cholesterol
- Stroke Prevention

Infection Control

- MRSA Awareness/Prevention
- Infectious Diseases

Information Systems

- Computer Systems
- Internet Technology
- Cybersecurity

"We have used Community Hospital to conduct our employee blood draws for our bank wellness program for over 20 years. Our employees have benefitted greatly from this with several identifying serious health issues early because of the blood draw. This service is a great value for our bank and keeps our employees healthy and health conscious every year as they read their results."
-MNB Bank