

One Person's Joint Replacement Story

BEING ABLE TO DO LIFE AGAIN

When Kent Gerih, 51, of McCook got to the point where he didn't want to go pheasant hunting, which is one of his passions, he knew it was time to get his knee joints replaced. "(I) didn't want to walk," he said. "You can talk yourself out of it pretty quick. Climbing over the fences was tough."

Not only were his recreational activities like camping, rendezvous, and travel becoming more difficult, but work was getting more challenging as well. Kent has owned Gerih Concrete Construction LLC in McCook since 2002. "I got to the point where I was so thankful for my crew. They did the crawling around. I did what I had to do, but if I didn't have to do it, it stopped," he said.

Why were his knees bad? Life, he said. "I've always been overweight, but have been highly active. Everything from work, to sports to whatever. Jumping off things you shouldn't jump off." Prior to his surgery, Kent had arthritis in both knees and lots of it. He played football all four years of high school and was awarded a scholarship to play all four years at Chadron State College as a defensive tackle, although he never had knee issues as a football player. "It's just a matter of time. Wear and tear I'm sure." His knees were bone on bone with lots of joint pain. "I was just tired of hurting all the time," he added.



Kent Gerih, 51, McCook

He had the first joint replacement in December 2021 and the second only two months later in February 2022 by Dr. Richard Lawton, full-time orthopedic surgeon at Community Hospital. As soon as he woke up from surgery he noticed the old knee joint pain he'd had was gone.

"Both my surgeries went really well," he said. "Dr. Lawton's team was awesome as well as the nursing staff on the patient floor, and the physical therapy staff at the hospital. I thought Dr. Lawton was great. He was very professional and personable and answered all my questions straight up. It was all a good experience for me," he added. "I know everybody's

needs are different, but in my opinion, if you're gonna get (a joint replacement) done, be very positive during the whole process."

At six months-plus post-surgery, Kent used the word "ecstatic" about how far he has come in recovery and capabilities. He feels he still has some recovery to go as many people have mentioned it takes up to a year to fully recover. "Mornings are a little slow as there is still stiffness in the tendons and muscles," he said, adding that it takes a little while to get warmed up. Still, "knowing what I know now, I'd have done it sooner," he said. "And I've heard that from a lot of people. Just being able to do life again."

New Suicide & Crisis Lifeline

WE CAN ALL HELP PREVENT SUICIDE

A new **3-digit suicide prevention line, #988**, went live throughout the United States in July. The number was simplified to only three digits to be easier for the public to remember. (Note, the previous 1-800-273-TALK (8255) number will continue to function indefinitely.) Lifeline Center calls are free and confidential, and they are available 24/7.



ASSESSMENT RESULTS 2022-2025

Community Hospital is pleased to announce it has issued its latest Community Health Needs Assessment (CHNA), a report following a comprehensive and in-depth examination of the community's healthcare use, practices and needs. Community Hospital has identified the most significant areas of focus over the coming months and years:

- Prevention, education and services to address high mortality rates, chronic diseases, preventable conditions and unhealthy lifestyles
- Focus on the needs of the aging population
- Continued emphasis on recruitment and retention of healthcare workforce to increase access to primary care and specialty care
- Access to affordable care and reducing health disparities among specific populations



- Access to mental and behavioral healthcare services and providers
- Continued focus on COVID-19 prevention and response

For a full report of the Community Health Needs Assessment, go to chmccook.org/about/community-health-needs-assessment.

Sterling Connection Renamed

NEW NAME – SAME FOCUS

Community Hospital's Sterling Connection was a robust and active program to those 50 and older before COVID-19 put a pause on group meetings. But, we tried to stay connected by providing goodie-filled stockings at Christmas and desserts once a month at the Senior Center and for Meals on Wheels.

The hospital is looking at re-engaging the program once more – but with a new name: Healthy Connections – Enriching Lives 50-Plus. Our focus will continue: to educate our members on ways to lead healthy lives, learn about hospital services (and how to access those services) and well, to enjoy life and have some fun along the way!



HOMEWORK
Watch for events we are planning in the near future. In the meantime, here's your homework if you are 50 and older:

If you are interested in being added to our mailing list, call our Healthy Connections Hotline at 308-344-8255. Be ready to leave your name, address, phone number and date of birth. Our mailing list is used to contact you about our events, seminars and parties. *Don't worry, we will not share your information with anybody!*



HEALTHY
Connections

Enriching Lives 50-Plus

Community Hospital Welcomes New Staff

New CRNA Providing Anesthesiology Services

MOLLY WALKER, CRNA



Molly Walker, a new certified registered nurse anesthetist (CRNA), joined Community Hospital's medical staff this summer. She joins CRNAs Ross Beavers, Evan Geilenkirchen and Gabe Scheer who together provide a full range of anesthesia and pain management services.

Molly was born and raised in North Platte. She worked as a registered nurse for ten years prior to entering the nurse anesthesia program at Clarkson College in Omaha. Explaining why she moved her focus to anesthesiology, she says, "I was inspired by several CRNAs I worked alongside throughout my career as a nurse. I witnessed how valuable and versatile nurse anesthetists could be, especially in a rural setting and I knew my heart was set on the career."

She says she was ready to get back to south central Nebraska following graduation. "When my fiancé noticed a job posting at Community Hospital, I jumped on the opportunity to apply," she said. "After meeting with the anesthesia and surgical staff, I

knew McCook was exactly where I needed to be."

Her favorite part of anesthesia is the patient interaction on the day of surgery. "There can be a lot of uncertainty and stress surrounding the day of any surgery. I enjoy the opportunity to alleviate some of those fears by answering questions and creating a sense of calm."

Besides anesthesia services, Molly is trained in placing midline catheters, which are ultrasound-guided IVs inserted in the upper arm (similar to a PICC line). They are a great alternative to a conventional IV catheter, especially in patients who have been deemed difficult IV starts, she says.

Molly and her fiancé have an 8-year-old son, Drake, and a 6-year-old German Shorthaired Pointer, Mack, who keep them on their toes. They live a few miles outside of McCook and enjoy being outdoors. "Drake is excited to be in western Nebraska where the fishing/hunting spots are plentiful," she said. "We are excited to join 4H, athletics and get more involved in the community and our church."

New Athletic Trainer

EVAN DEKOK



Community Hospital welcomed a new athletic trainer, Evan DeKok in August. Evan will provide athletic trainer services to McCook Community College and McCook High School athletes in a variety of sports providing game coverage, assisting student athletes with rehab therapies and recovery and providing early injury recognition and evaluation.

He joins the Community Hospital sports medicine team of Richard Lawton, M.D., orthopedic surgeon; Kaitlyn Redding, orthopedic certified physician assistant, and Becki Lampe, LPN, orthopedic nurse.

Evan graduated from the University of Nebraska – Kearney with a Bachelor of Science degree in Exercise Science in 2021 and a Master of Athletic Training Program degree in 2022.

New Family Medicine Physician

SEAN ERICKSON, MD



Community Hospital welcomes a new family medicine physician in September who is associated with McCook Clinic. Dr. Sean Erickson grew up in Ralston, Nebraska, just outside of Omaha. Growing up, he wanted to work in cancer research but that changed once he enrolled in medical school. His best piece of advice for his patients is “Take life one day at a time. Work on yourself a piece at a time.”

He and his fiancé, Megan, became engaged in the Spring of 2022 and

have purchased a home in McCook. He first became acquainted with McCook’s medical community when he completed two rotations as a medical student with McCook Clinic.

Dr. Erickson attended the University of Nebraska in Lincoln where he received his undergraduate degree in biochemistry. He went on to earn his medical degree in 2019 from the University of Nebraska Medical Center in Omaha. He fondly recalls an incident during medical school when he talked his way out of getting a speeding ticket once he explained to the officer he was transporting organs to the hospital in the back of his car. He completed his family medicine residency from Lincoln Medical Education Partnership in Lincoln, Nebraska in 2022.

In his spare time, Dr. Erickson enjoys fishing, hunting, camping, hiking and white water rafting.

Advanced care begins with healing professionals who know you and your family, and truly care about your well-being.

FAMILY MEDICINE PHYSICIANS

McCook Clinic	308-344-4110
Jason Blomstedt, D.O.	
Sean Erickson, M.D.	
Hope Ferguson, M.D	
Kristin Fulkerson, M.D.	
Matthew Nielsen, M.D.	
Lorinda Reece, M.D.	
John West, M.D.	

PHYSICIAN ASSISTANTS

Trenton Medical Clinic	308-334-5155
Teresa Hodgson, PA-C	
McCook Clinic	308-344-4110
Mary Haller, PA-C	
Alyria Sheets, PA-C	
Anderson Center for Radiation Oncology	308-344-8374
Amber Reynolds-Lorentz, PA-C	

NURSE PRACTITIONER

Curtis Medical Center	308-367-4162
Mareesa Hasenauer, NP-C	
General Guidance	308-344-8280
Pam Awe, NP-C	
Brenda Ruf, LMHP	
McCook Clinic	308-344-4110
Alyssa Bauer, NP-C	
Naomi Olson, NP-C	
Whitney Schoenemann, NP-C	
Ashley Vontz, NP-C	

ORTHOPEDIC SURGERY

Community Hospital	308-344-8285
Richard Lawton, M.D., PhD	
Kaitlyn Redding, PA-C	

GENERAL SURGERY

Surgical Associates	308-345-7878
Walter Eskildsen, M.D.	



Find us on

Updated September 2022

MEDICAL SPECIALISTS DIRECTORY

Leading our region to a

HEALTHIER

future starts with dedicated medical professionals.

Community Hospital believes you and your family deserve the very best in accessible care. In addition to our local team of dedicated family healthcare providers, we offer the area's largest array of specialists to help meet your exact medical needs.

AUDIOLOGY

N. Plummer, Au.D. 308-344-8285

BEHAVIORAL HEALTH

P. Awe, MSN, NP-C 308-344-8280

B. Ruf, LMHP 308-344-8280

CARDIOLOGY

Bryan Heart

K. Miller, M.D. 308-344-8285

R. Pacini, M.D. 308-344-8285

Great Plains Health Heart Institute

G. Kaspar, M.D. 308-344-8285

S. Dassouki, M.D. 308-344-8285

Nebraska Heart Institute

R. Heirigs, M.D. 308-344-8285

Platte Valley Medical Group

S. Denney, M.D. 308-344-8285

DERMATOLOGY

J. Bunker, M.D. 308-344-8285

EAR, NOSE, THROAT

S. Ballinger, M.D. 308-344-8285

J. Blecha, M.D. 308-344-8285

P. Fitzpatrick, M.D. 308-344-8285

GASTROENTEROLOGY

J. Cloud, M.D. 308-344-8285

M. Freeze, APRN 308-344-8285

A. Nawaz, M.D. 308-344-8285

GENERAL SURGERY

W. Eskildsen, M.D. 308-345-7878

M. Simonson, M.D. 308-344-8285

K. Wolanin, M.D. 308-344-8285

NEPHROLOGY

I. Islam, M.D. 308-344-8285

P. Kanade, M.D. 308-344-8285

NEUROLOGY

A. Kumar, M.D. 308-344-8285

NEUROSURGERY

C. Obasi, M.D. 308-344-8285

OB/GYN

B. Klug, D.O. 308-344-8285

T. Pankratz, M.D. 800-742-3305

ONCOLOGY - MEDICAL

B. George, M.D. 308-344-8285

ONCOLOGY - RADIATION

T. Hlavaty, M.D. 308-344-8374

OPHTHALMOLOGY

T. Clinch, M.D. 800-657-2112

ORTHOPEDICS

E. Correll, M.D. 308-344-8285

R. Lawton, M.D. 308-344-8285

K. Redding, P.A. 308-344-8285

ORTHOPEDICS - HAND/WRIST

N. Mansuetta, D.O. 308-344-8285

ORTHOPEDICS - SPINAL

D. Benavides, M.D. 308-344-8285

PODIATRY

R. Hinze, D.P.M. 308-345-3773
or 877-345-FOOT

PULMONOLOGY

D. Cantral, M.D. 308-344-8285

K. Ganatra, M.D. 402-460-5787

UROLOGY

J. Brown, M.D. 308-344-8285

L. Williams, M.D. 308-344-8285

Updated September 2022



1301 East H Street, McCook, NE 69001
308.344.2650 | chmccook.org

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New Visiting Specialists



Medical Oncology



BENJAMIN GEORGE, M.D.

A physician specializing in medical oncology and hematology from North Platte began seeing patients at Community Hospital's Medical Specialists Center in June. Dr. George is in practice full-time at the Callahan Cancer Center at Great Plains Health in North Platte and sees patients once a week in McCook.

New patients must be seen in North Platte at the Callahan Cancer Center to establish care – 308-568-7386.

All follow-up visits can be scheduled in McCook by calling the Community Hospital Central Scheduling office at 308-344-8285.

Urology



JAMES BROWN, M.D.

A new visiting physician specializing in urology, James Brown, M.D., began seeing patients at the Medical Specialists Center in June. He will see new patients and offers diagnosis and surgical treatment of general urological conditions. Dr. Brown is associated with Great Plains Urology in North Platte. He will see patients at Community Hospital on the second Friday of each month. Conditions treated include urinary infections, kidney stones, vasectomies, incontinence, infertility, prostate exams, prostate disease and bladder cancer.

Physician referrals are not required.

Call the Community Hospital Central Scheduling office at 308-344-8285 to make an appointment.

Ears, Nose, Throat (ENT)



SCOTT BALLINGER, M.D.

Community Hospital is pleased to announce an ENT physician, Dr. Ballinger, will begin providing six days of coverage per month at our new Medical Specialists Center and in our surgical department October 10. The hospital has been striving to increase ENT coverage in McCook.

Call 308-344-8285 for more information or to make an appointment.



MEDICAL SPECIALISTS CENTER

HOSPITAL HEARTBEAT

NEW ELECTRONIC PROCESS USED AT REGISTRATION



A new product was recently added to aid in patient registration. Interlace Health takes patient information collected on forms and automatically files and stores completed forms in the hospital's Electronic Health Record (EHR). Those forms will instantly be available to Community Hospital's care teams. Important demographic and medical information transfers from one form to another and feeds back into the EHR. It will improve efficiency and enhance Community Hospital's electronic records strategy, reduce paper use and enhance patient experience.

ULLABY

Community Hospital has a new service that may bring joy to your ears! If you are visiting the hospital and hear Brahms lullaby played overhead on the paging system, it means a new life has come into the world. **What a reason to celebrate!** After the baby is born, with the parents' permission, the ward clerk plays the music overhead. Family waiting to hear the good news may hear it first through the lullaby. Community Hospital employees can pause and smile knowing that something very special has just happened.



HIM HAS MOVED!

Need a medical record? Please take note, the Health Information Management department (HIM) has moved from the hospital campus to **711 East 11 Street**. The department now resides with the Patient Accounts staff in the south door. Phone numbers remain the same.



SAFE KIDS TRAINING



Community Hospital employees, Baleigh Abbott and Andie Stang (*front row right*), recently completed a several day training with Safe Kids Nebraska to become certified child passenger safety technicians. Interested in getting your child's car seat fitted?

Car Seat Events with our trained child passenger safety experts are offered Wednesday, November 9 and January 11, 2023, at the McCook Fire Station, 505 West C Street, from Noon - 6 pm. Appointments are encouraged, but not required. Call 308-344-8525.



HOSPITAL PARTICIPATES IN AGE-FRIENDLY HEALTH SYSTEMS INITIATIVE



2022 Participant

The US population aged 65+ years is expected to nearly double over the next 30 years. These demographic advances have left our health systems behind as they struggle to provide evidence-based practice to every older adult at every care interaction. Community Hospital announced in April it is part of this movement to improve healthcare for older adults. The initiative implements a set of evidence-based interventions specifically designed to improve care for older adults. In addition, four essential elements of care include: What Matters, Medication, Mentation and Mobility.

JAN FIDLER DISPLAY



Janet Crocker Fidler, BSN, RN

The next time you visit Community Hospital, stop by to view the display of antique and collectible medical supplies in the main hallway display case on the way to the patient wing. The items were collected by the late Janet Crocker Fidler, BSN, RN and donated to the hospital by her husband following her death from cancer in January 2012. She was employed at Community Hospital from 1976 to 2011.

Our President's Thoughts

TROY BRUNTZ, COMMUNITY HOSPITAL PRESIDENT & CEO



As our new fiscal year gets underway, we approach many challenges with optimism. COVID-19 is something we now expect to deal with indefinitely but the ongoing impact to our operations should be manageable. Unfortunately, that has not fixed the capacity issues with the healthcare system across the state. A lack of staffing in nursing homes and in hospitals has made it difficult to discharge patients to a safe long-term care environment and limited the number of beds hospitals can staff.

We have been working with local foundations and schools over the past few months on a program to encourage the education of more nurse aides. This program has trained more than 20 students so far this year and the hope is that more NAs will join the staff of local long-term care facilities as well as the hospital. Providing more staff to the local system of healthcare will improve our ability to transfer patients timely and improve our capacity for staffed beds internally.

We are working with numerous other community organizations, government officials, and leaders to establish goals and initiatives that will make a difference in our education, health, families, and economy. Wellness McCook, anchored by Community Hospital and a Communities of Excellence initiative, has set the stage and continues to pursue improved access to exercise/recreational opportunities.

Community Hospital continues to focus on improving access to quality services. It is exciting to announce we

are adding a visiting ENT physician at our new Medical Specialists Center and in our surgical department. A new family practice physician began practicing at McCook Clinic in September. Weekly onsite medical oncology resumed recently and there are plans to expand the coverage in the near future.

Expanding access to healthcare locally, improving our community's health, and providing the amenities necessary to retain our own and attract new residents is necessary for Community Hospital to achieve its mission of Leading our Region to a Healthier Future. Much work still needs to be done but the plans are in place and the resources necessary exist. I am optimistic and excited for our community and looking forward to the role Community Hospital will play.

Community Hospital Board of Directors

Kristin Stagemeyer – *Chair*

Garrett Rippen – *Vice Chair*

Lena Koebel – *Secretary*

Darren Esch – *Treasurer*

Rick Haney

Michael Lord

Kurt Vosburg

Jana Kmoch

Matt Nielsen

Community Hospital Administration

Troy Bruntz – *President & CEO*

Lori Beeby – *Vice President Support Services*

Molly Herzberg – *Vice President Clinical Services & CNO*

Karen Kliment Thompson – *Vice President Ancillary Services*

Sean Wolfe – *CFO*

FOUNDATION NEWS

33rd Annual Community Hospital

Pro-Am at Heritage Hills

The 33rd annual Community Hospital Pro-Am at Heritage Hills was a great success. Eighteen teams and twenty professional golfers enjoyed beautiful weather, while playing some great golf. Over \$24,500 was raised for the Health Foundation to support Community Hospital's mission, "Leading our community to a healthier future."

Mark your calendars for next year, June 2, 3 and 4, 2023. Results of the Ron Coleman Memorial Horse Race and Community Hospital Pro-Am at Heritage Hills are listed at www.chmccook.org/foundation. A slide show of sponsors and players is posted on Community Hospital's Facebook page.



Family members of Ron Coleman and Max Brodersen joined McCook Alum Brandon Crick (third from right) after he won the Ron Coleman Memorial Horse Race and was awarded the Max Brodersen trophy. Brandon went on to win the professional division of the Community Hospital Pro-Am as well.

Thank You To These Community Partners For Their Support!

The Health Foundation's Community Partnership Program promotes sponsorship support at both the Community Hospital Pro-Am at Heritage Hills and the Concert for Healthcare. Financial support of these events provide entertainment opportunities in our area while raising awareness and funds to improve healthcare in southwest Nebraska and northwest Kansas. Contact the Health Foundation for more information.

2022 COMMUNITY PARTNERSHIPS

CATALYST LEVEL:

MNB Bank
MNB Insurance

INNOVATOR:

CMBA Architects
First Central Bank
LifeNet North Platte
McCook Clinic, PC
Pinnacle Bank
Wagner Auto Group

TRAILBLAZER:

AKRS Equipment
Cobblestone Hotel & Suites
High Plains Radio
Holiday Inn Express
Hometown Family Radio
McCook Gazette
Seim Johnson
Valmont Irrigation, Inc.

PIONEER:

Idea Bank Marketing
Innovative Imaging
Nutanix
Red Willow Aviation
Stagemeyer CPA Group, PC
UBS Financial Services
Viaero Wireless

COMMUNITY HOSPITAL
HEALTH FOUNDATION PRESENTS

JERROD NIEMANN
Ghost Rider Tour

DOORS OPEN
6:00 PM

BEXAR
6:30 PM

JERROD NIEMANN
8:00 PM

SATURDAY
OCT. 8

KIPLINGER
ARENA
MCCOOK, NE

TICKETS AVAILABLE AT
SEHNERTS,
COMMUNITY HOSPITAL
HEALTH FOUNDATION,
AND TICKETSTORM.COM

Investing In Future Caregivers

Over \$15,000 was distributed this past year to deserving students enrolled in healthcare career programs. Community Hospital Health Foundation supports students studying nursing, pharmacy, radiology, speech/language, business and a variety of additional healthcare careers.

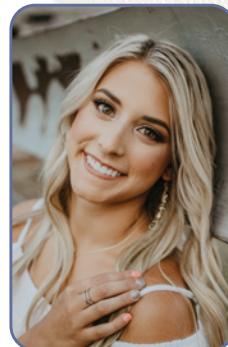
The education assistance program is for anyone enrolled in an accredited healthcare program that plans to return to the area upon graduation. A majority of graduates return and are hired by Community Hospital. Education assistance applications are reviewed up to four times a year by a diverse team of hospital and foundation staff.

A \$5,000 scholarship was given for the Nurse Aide Tuition Assistance Fund though McCook Community College – an action plan of the community Nurse Aide Collaboration project.

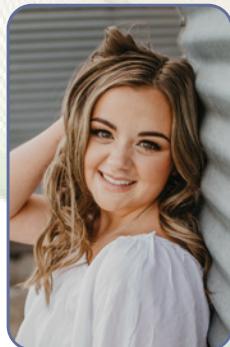
The Health Foundation also awarded \$1,500 in scholarships to deserving high school graduates interested in healthcare careers. **Tucker Gillespie, Alexa Sandman and Addyson Uerling each received a \$500 scholarship.** We wish them all the best as they begin their secondary education in a health career.



Tucker
Gillespie



Alexa
Sandman



Addyson
Uerling

Nurse Aide Collaboration

Nebraska is experiencing a nursing home bed shortage. This is due to nursing home closures and nurse aid staffing shortages forcing nursing homes to not accept patients due to lack of staff to care for the patients (Hillcrest at the start of this project had staff for 50 of their 100 bed facility). Community Hospital was transferring community members out of our area, sometimes hours away for nursing home care. In February, Community Hospital and Hillcrest Nursing Home began a community Nurse Aide Collaboration project with the primary goal of increasing

available nursing home beds by increasing the number of nursing aides in the McCook area.

Thanks to tuition assistance grants (Health Foundation and McCook College Foundation) and coordination (McCook Public Schools and McCook Community College) five McCook High School students completed a Nurse Aide class this spring. Several are now working as Nurse Aides in McCook. McCook Community College graduated 15 more over the summer. Students successfully completing the classes will receive

full tuition assistance (funded by Community Hospital, Community Hospital

Health Foundation, McCook College Foundation). The collaborative is also developing marketing materials and area healthcare nursing leadership is invited to meet with the students prior to course completion.



Ballot Initiative

McCook has an exciting opportunity this November to keep our community moving forward for businesses, for families, and for our kids.

This November you can help move McCook forward by voting **YES** to new ballpark facilities and swimming pool.



What is the Project?

On the November ballot, residents will have the ability to vote for a ballot measure which would propose the renovation or construction of new ballpark facilities and swimming pool for the city of McCook. The total cost will be one half of one percent sales tax to fund the new ballpark facilities and swimming pool. The costs associated with the project are temporary and will be shared by private donors, tourists and visitors.

The Impact for Residents?

More Opportunities for Local Businesses

The new swimming pool and ballpark facility would increase opportunities for McCook businesses.

Recreational Opportunities for Our Kids

The new public swimming pool and ballpark facility would provide more opportunities for healthy activity and recreation for local children and families.

A Better Place to Live for our Families

The new public swimming pool and ballpark facility will support families and make McCook a more attractive place to live and work for local residents.



Learn more about the project or reach out with questions at McCookOnTheMove.com

Paid for by McCook on the Move

Health Foundation Distributions

Community Hospital Health Foundation distributed over \$268,295 in grants during fiscal year 2021-22.

Below is a summary of the larger grants awarded in the past 6 months:

Community HealthCare and Hospice

\$65,000

Operational Grant

McCook Fire and Rescue

\$11,250

Three Nitrous Oxide Kits for pain management on ambulances

Curtis Medical Center

\$8,870

New Procedure Chair

Community Hospital Imaging Department

\$5,100

Mammography Chair

McCook College Foundation

\$5,000

Contribution to the Nurse Aid Tuition Assistance Fund

Community Hospital Laboratory

\$3,900

Chemistry Reagent Refrigerator

Curtis Mall

\$1,800

Automated External Defibrillator (AED)

Community Hospital Admissions

\$1,500

Interpreting Equipment (Stratus, iPad and stand)

Career Discovery Days Scholarships

\$1,500

Split between three high school seniors

Community Hospital Health Foundation Board Members & Staff:

Neil Gohl – Chair

Bruce McDowell – Vice Chair

Matt Tiller – Secretary

Beth Siegfried – Treasurer

Dawna Bates

Troy Bruntz

Jim Hall

Rick Haney

Kristin Stagemeyer

Kurt Vosburg



Jessica Bortner
Executive Director



Dannette Kloeppling
Executive Assistant & Fund Manager

HERITAGE SOCIETY MEMBERS 2022

VISIONARY – \$500,000 and up

Lemoine 'Andy' and Geraldine Anderson
Frank Murray Estate
Myatt & Genevieve Volentine Foundation

LEADER – \$250,000 to \$499,999

Ethel Armour Barnett Estate
Dorothy Chambers Estate
Joe and Alice Edwards
Orvil Gray Estate
Charles and Irene Rees Estate
Sunderland Foundation
Norman and Sharon Timmerman
Willard W. and Mildred H. Troutwine
Kathryn Wall Estate

PACESETTER – \$100,000 to \$249,999

AmFirst Bank
Community Hospital
Graff Charitable Foundation
Ona Hartman Estate
Jim and Cathy Kenny
MNB Bank
Ellen 'Anne' Morse Estate
Catherine Rose Estate
Mollie Schafer Estate
Myrtle L. & W.K. Swanson Estate
Lester Walker Fund

BUILDER – \$50,000 to \$99,999

Genevieve Armstrong Campbell Memorial
Burlington Northern Santa Fe
Oren and Eleanor Carter
Community Hospital Auxiliary
Marcia Earnest Estate
First Central Bank
First National Bank
LoRene Jennings Estate
Kitty Perkins Foundation
Diane Kugler
Russel D. Kugler
Lifetime Eyecare
McCook Clinic, P.C.
McCook Masonic Bodies
Parker
Richard Racine Estate
Southwest Nebraska Physical Therapy
Jim and Jaime Ulrich
Sean and Becky Wolfe

FOUNDER – \$25,000 to \$49,999

Evelyn Adams Estate
Armstrong McDonald Foundation
Gary and Donna Bieganski
BryanLGH Foundation
Michael E. and Cathy Carr
Sharon and Stephen Conroy

Dennis and Mary Fargen

Garrison's for Men & McCook Lettering

Mabel Gerlach Estate

Jerry and Diane Gohl

Golight, Inc.

Pete and Dolores Graff and Thomas Family

Mark and Linda Graff

Heartland Cattle Company

Harold and Marion Larmon

McCook Community Foundation Fund

McCook Daily Gazette

Larry McNutt Estate

Maude Neubauer Estate

Leslie Schmidt and Family,
In Memory of Nancy Schmidt

Seim Johnson, LLP

Dr. Mark and Mary Jo Serbousek

Dr. Leann Serbousek

The Olson Group

Wells Fargo Bank, McCook

PATRON – \$10,000 to \$24,999

AKRS Equipment

Helen Allen

Michael Anderson

John Batty, M.D.

Jerry and Cheri Beckenhauer

Chase and Lori Beeby and Family

Belville-Vondrak Eye Care and Surgery

Berndt Family Trust

Bison Dental

Dr. L.R. and Shirley Blank

Blue Cross Blue Shield of Nebraska

Mary C. Brady

Daniel and Gladys Brockway Family

Bryant and Peg Brooks

Troy and Tammie Bruntz

BryanLGH Heart Institute

Burns Podiatric Laboratory

Cattlemen's Ball of Nebraska

Rose and Ken Chancellor

Jim and Kristi Clapp

Jack and Virginia Clark

Cornbelt Chemical

Culbertson Bank

Edward Jones Investments

Harry and Beverly Eiler

Elks Club #1434

Terry and Mary Ellinger

Larry and Midge Forbes,
In Memory of Mark Forbes

Kenneth and Marlene Foster

Ron and Doris Friehe

Fraternal Order of Eagles #2769

Geiger & Dietze Ophthalmology

Great Plains Communications

Great Plains Health

John and Nancy Gumb

Eleanor Harris

Lester and Betty Harsh

Roy and Margaret Hayes

HDR Architecture, Inc.

W.R. Hearst Foundation

Jack and Betty Hendrix

Leona Holst

Horizon Bank

Patsy Houghton

Joe and Theresa Leamon

J.E. Dunn Construction

Kirk and Becky Kilpatrick

Kinman-Oldfield Family Foundation

Kinder Morgan

Ilene Kisker Estate

Kenneth and Elaine Kolbet

J Frank and Faye Korell

Van and Jan Korell

Ralph and Jeannette Krumme Estate

Jim and Shari Lewis

Lord's Hardware, Furniture & Appliance

Lots to Love Stores

Steve and Diane Marr

Kelvin and Leigh Ann Miller

MNB Financial Group, Inc.

Bernie and Nona Mullen

Evah Nielsen

Dr. Chris and Karen Nix

John and Betty Nothnagel

Nick and Hanah Nothnagel

Robert and Connie Olsen

Kevin and Sheri Ord

Terry Peterson

Pinnacle Bank

Pinpoint Communications

Rena Roberts Estate

Jill Royse

Paul and Jodi Sheets

Lyle and Peg Smalley

Dave and Jan Smith

Jeff and Kristin Stagemeyer

Jerry Stagemeyer Estate

State Farm Insurance – Linda Maiden, Agent

Paul M. St. Aubin Estate

Allen Strunk

Richard and Jane Stull

Trevor and Megan Taylor

Aaron Thompson and Karen Kliment Thompson

U.S. West Foundation

Valmont Industries

Loren Varvle Estate

Volz, Inc. – Sid and Cathy Stewart

Wagner Ford-Mercury-Toyota

Wal-Mart Super Center

Dr. Wayne and Lori Watkins

Dr. John and Cindy West

Dolores Wurm Estate



In Memory of:

Sue Horn
Starla Ott

Delores Richards
Family and Friends of Delores Richards
Lauren Butler
Dawn B. Callander
Del and Joyce Richter
Mr. Tyre Nelson
Mr. and Mrs. Kevin Fornoff
Thomas and Debra Bayless

JoAnn Wortman
Del and Joyce Richter

Steve Clegg
JD's Barn

Kenneth Malleck
Family and Friends of Kenneth Malleck

Dale Mercer
Sheri Farrar
Scott and Kris Hanchera

Eileen Unger
Tom and Janie Bredwick

Diane Nealeigh
Barbara Hidy
Heidi Neuhaus
C. Keith and Sandy Miller

Larry Lashley
Family and Friends of Larry Lashley
Tom and Lana Lashley
Kent and Lori Hilker
James and Shirley Nisley
Mike and Diana Molzahn
MNB Bank

Jim Reiners
Norm and Sharon Timmerman

Florence Fuchuck
Stagemeyer CPA Group, PC
MNB Bank

Art Koetter
Stagemeyer CPA Group, PC

Karen Ruff
James Ruff

Rod Gaston
Angus Garey

Wayne Messinger
Family and Friends of Wayne Messinger
Mark and Pat Messinger
Ron and Pattie Uehlin
MNB Bank
Julie Smith
Bradley and Shelby Uehlin
A.J. Little Trucking
Kelly Krier and Rita Philbrook
David and Pamela Wilson
George and Cynthia Lincoln
RanDee Barger
Stephen and Barbara Brown

Lola Diederich
Diederich, Young and Koch Families
Neil and Connie Richardson

Del Richter
Family and Friends of Del Richter
DruAnne Marshall
Paula Kitt
Bette Rice

Bill Loescher
Sherry Donaldson
The Donaldson-Loescher's

Finding Comfort in Memorials

The Health Foundation has been honored to work with several community members wanting to recognize and memorialize loved ones.

Rose's Reading Terrace, an addition to the Healing Garden, was dedicated in memory of Dr. Rose Remington-Gall. Family, friends and healthcare team members gathered in the new space to dedicate the terrace and remember Dr. Remington over Memorial Day weekend.

The family of Kathy Reid also wanted a lasting memorial for Kathy. They chose a memorial opportunity at Community Hospital. A patient room in the newly remodeled Medical Specialists Center bears Kathy Reid's name.

A group of Community Hospital team members donated funds in memory of Byron 'Tom' D. Morgan. Mr. Morgan was the father of Diana Gross, Outpatient Clinic Director. Mrs. Gross chose a beautiful sunflower landscape picture in the Medical Specialists Center as a memorial she thought her dad would like.

The Health Foundation is grateful for all memorials received and works diligently to ensure the funds support Community Hospital in providing healthcare to southwest Nebraska.



The late Dr. Rose Remington-Gall.



Mike Gall sits on the dedicated bench, part of Rose's Reading Terrace. The couple's three children also attended the Memorial Day weekend event in honor of their mother.

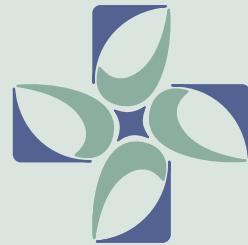


1301 East H Street | P.O. Box 1328
McCook, Nebraska 69001-1328

Welcome to our new magazine: **THRIVE** *Leading Healthier Lives*

At Community Hospital, our mission is to *“lead our region to a healthier future.”* For decades, we’ve been known for our advances in quality healthcare. We believe prevention and proactive health measures should be a top priority. Beyond treating you when you’re sick, we’re here to provide you with the tools, education, encouragement, and support you need to be the healthiest version of yourself. We know healthy populations start within the communities - which is why we strive to provide consistent programming, outreach, events, education, and more to McCook and surrounding areas. We’re here for more than just the treatment of illness, but for the prevention of it and the protection of your health.

You have so much to look forward to, and we’re doing our part to make sure you have the resources and support to get there. If you’re ready to take the next step to improving and maintaining your health, check out our current classes and programs created just for you at chmcCook.org/classes.



Calendar of Events

October 8

Concert for HealthCare
Kiplinger Arena - McCook

November 8

Election Day
Vote for the recreational bond