

## One Person's Joint Replacement Story

### BEING ABLE TO DO LIFE AGAIN

When Kent Gerih, 51, of McCook got to the point where he didn't want to go pheasant hunting, which is one of his passions, he knew it was time to get his knee joints replaced. "(I) didn't want to walk," he said. "You can talk yourself out of it pretty quick. Climbing over the fences was tough."

Not only were his recreational activities like camping, rendezvous, and travel becoming more difficult, but work was getting more challenging as well. Kent has owned Gerih Concrete Construction LLC in McCook since 2002. "I got to the point where I was so thankful for my crew. They did the crawling around. I did what I had to do, but if I didn't have to do it, it stopped," he said.

Why were his knees bad? Life, he said. "I've always been overweight, but have been highly active. Everything from work, to sports to whatever. Jumping off things you shouldn't jump off." Prior to his surgery, Kent had arthritis in both knees and lots of it. He played football all four years of high school and was awarded a scholarship to play all four years at Chadron State College as a defensive tackle, although he never had knee issues as a football player. "It's just a matter of time. Wear and tear I'm sure." His knees were bone on bone with lots of joint pain. "I was just tired of hurting all the time," he added.



Kent Gerih, 51, McCook

He had the first joint replacement in December 2021 and the second only two months later in February 2022 by Dr. Richard Lawton, full-time orthopedic surgeon at Community Hospital. As soon as he woke up from surgery he noticed the old knee joint pain he'd had was gone.

"Both my surgeries went really well," he said. "Dr. Lawton's team was awesome as well as the nursing staff on the patient floor, and the physical therapy staff at the hospital. I thought Dr. Lawton was great. He was very professional and personable and answered all my questions straight up. It was all a good experience for me," he added. "I know everybody's

needs are different, but in my opinion, if you're gonna get (a joint replacement) done, be very positive during the whole process."

At six months-plus post-surgery, Kent used the word "ecstatic" about how far he has come in recovery and capabilities. He feels he still has some recovery to go as many people have mentioned it takes up to a year to fully recover. "Mornings are a little slow as there is still stiffness in the tendons and muscles," he said, adding that it takes a little while to get warmed up. Still, "knowing what I know now, I'd have done it sooner," he said. "And I've heard that from a lot of people. Just being able to do life again."

# New Suicide & Crisis Lifeline

## WE CAN ALL HELP PREVENT SUICIDE

A new **3-digit suicide prevention line, #988**, went live throughout the United States in July. The number was simplified to only three digits to be easier for the public to remember. (Note, the previous 1-800-273-TALK (8255) number will continue to function indefinitely.) Lifeline Center calls are free and confidential, and they are available 24/7.



Community Hospital offers mental health medication management and mental health therapy through our mental health nurse practitioner and licensed mental health practitioner. To learn more about the services of Generational Guidance, our local behavioral health services program, call 308-344-8280.

## ASSESSMENT RESULTS 2022-2025

Community Hospital is pleased to announce it has issued its latest Community Health Needs Assessment (CHNA), a report following a comprehensive and in-depth examination of the community's healthcare use, practices and needs. Community Hospital has identified the most significant areas of focus over the coming months and years:

- Prevention, education and services to address high mortality rates, chronic diseases, preventable conditions and unhealthy lifestyles
- Focus on the needs of the aging population
- Continued emphasis on recruitment and retention of healthcare workforce to increase access to primary care and specialty care
- Access to affordable care and reducing health disparities among specific populations
- Access to mental and behavioral healthcare services and providers
- Continued focus on COVID-19 prevention and response



For a full report of the Community Health Needs Assessment, go to [chmccook.org/about/community-health-needs-assessment](https://chmccook.org/about/community-health-needs-assessment).

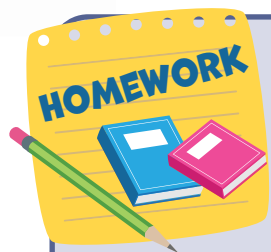


# Sterling Connection Renamed

## NEW NAME – SAME FOCUS

Community Hospital's Sterling Connection was a robust and active program to those 50 and older before COVID-19 put a pause on group meetings. But, we tried to stay connected by providing goodie-filled stockings at Christmas and desserts once a month at the Senior Center and for Meals on Wheels.

The hospital is looking at re-engaging the program once more – but with a new name: Healthy Connections – Enriching Lives 50-Plus. Our focus will continue: to educate our members on ways to lead healthy lives, learn about hospital services (and how to access those services) and well, to enjoy life and have some fun along the way!



Watch for events we are planning in the near future. In the meantime, here's your homework if you are 50 and older:

*If you are interested in being added to our mailing list, call our Healthy*

**Connections Hotline at 308-344-8255.** Be ready to leave your name, address, phone number and date of birth. Our mailing list is used to contact you about our events, seminars and parties. *Don't worry, we will not share your information with anybody!*

# HEALTHY Connections

Enriching Lives 50-Plus



# Community Hospital Welcomes New Staff

## *New CRNA Providing Anesthesiology Services*

### **MOLLY WALKER, CRNA**



Molly Walker, a new certified registered nurse anesthesiologist (CRNA), joined Community Hospital's medical staff this summer. She joins CRNAs Ross Beavers, Evan Geilenkirchen and Gabe Scheer who together provide a full range of anesthesia and pain management services.

Molly was born and raised in North Platte. She worked as a registered nurse for ten years prior to entering the nurse anesthesia program at Clarkson College in Omaha. Explaining why she moved her focus to anesthesiology, she says, "I was inspired by several CRNAs I worked alongside throughout my career as a nurse. I witnessed how valuable and versatile nurse anesthetists could be, especially in a rural setting and I knew my heart was set on the career."

She says she was ready to get back to south central Nebraska following graduation. "When my fiancé noticed a job posting at Community Hospital, I jumped on the opportunity to apply," she said. "After meeting with the anesthesia and surgical staff, I

knew McCook was exactly where I needed to be."

Her favorite part of anesthesia is the patient interaction on the day of surgery. "There can be a lot of uncertainty and stress surrounding the day of any surgery. I enjoy the opportunity to alleviate some of those fears by answering questions and creating a sense of calm."

Besides anesthesia services, Molly is trained in placing midline catheters, which are ultrasound-guided IVs inserted in the upper arm (similar to a PICC line). They are a great alternative to a conventional IV catheter, especially in patients who have been deemed difficult IV starts, she says.

Molly and her fiancé have an 8-year-old son, Drake, and a 6-year-old German Shorthaired Pointer, Mack, who keep them on their toes. They live a few miles outside of McCook and enjoy being outdoors. "Drake is excited to be in western Nebraska where the fishing/hunting spots are plentiful," she said. "We are excited to join 4H, athletics and get more involved in the community and our church."

## *New Athletic Trainer*

### **EVAN DEKOK**



Community Hospital welcomed a new athletic trainer, Evan DeKok in August. Evan will provide athletic trainer services to McCook Community College and McCook High School athletes in a variety of sports providing game coverage, assisting student athletes with rehab therapies and recovery and providing early injury recognition and evaluation.

He joins the Community Hospital sports medicine team of Richard Lawton, M.D., orthopedic surgeon; Kaitlyn Redding, orthopedic certified physician assistant, and Becki Lampe, LPN, orthopedic nurse.

Evan graduated from the University of Nebraska – Kearney with a Bachelor of Science degree in Exercise Science in 2021 and a Master of Athletic Training Program degree in 2022.



## MEDICAL DIRECTORY

### New Family Medicine Physician

#### SEAN ERICKSON, MD



Community Hospital welcomes a new family medicine physician in September who is associated with McCook Clinic. Dr. Sean Erickson grew up in Ralston, Nebraska, just outside of Omaha. Growing up, he wanted to work in cancer research but that changed once he enrolled in medical school. His best piece of advice for his patients is "Take life one day at a time. Work on yourself a piece at a time."

He and his fiancé, Megan, became engaged in the Spring of 2022 and

have purchased a home in McCook. He first became acquainted with McCook's medical community when he completed two rotations as a medical student with McCook Clinic.

Dr. Erickson attended the University of Nebraska in Lincoln where he received his undergraduate degree in biochemistry. He went on to earn his medical degree in 2019 from the University of Nebraska Medical Center in Omaha. He fondly recalls an incident during medical school when he talked his way out of getting a speeding ticket once he explained to the officer he was transporting organs to the hospital in the back of his car. He completed his family medicine residency from Lincoln Medical Education Partnership in Lincoln, Nebraska in 2022.

In his spare time, Dr. Erickson enjoys fishing, hunting, camping, hiking and white water rafting.

Advanced care begins with healing professionals who know you and your family, and truly care about your well-being.

#### FAMILY MEDICINE PHYSICIANS

<b>McCook Clinic</b>	308-344-4110
Jason Blomstedt, D.O.	
Sean Erickson, M.D.	
Hope Ferguson, M.D.	
Kristin Fulkerson, M.D.	
Matthew Nielsen, M.D.	
Lorinda Reece, M.D.	
John West, M.D.	

#### PHYSICIAN ASSISTANTS

<b>Trenton Medical Clinic</b>	308-334-5155
Teresa Hodgson, PA-C	
<b>McCook Clinic</b>	308-344-4110
Mary Haller, PA-C	
Alysia Sheets, PA-C	
<b>Anderson Center for Radiation Oncology</b>	308-344-8374
Amber Reynolds-Lorentz, PA-C	

#### NURSE PRACTITIONER

<b>Curtis Medical Center</b>	308-367-4162
Mareesa Hasenauer, NP-C	
<b>General Guidance</b>	308-344-8280
Pam Awe, NP-C	
Brenda Ruf, LMHP	
<b>McCook Clinic</b>	308-344-4110
Alyssa Bauer, NP-C	
Naomi Olson, NP-C	
Whitney Schoenemann, NP-C	
Ashley Vontz, NP-C	

#### ORTHOPEDIC SURGERY

<b>Community Hospital</b>	308-344-8285
Richard Lawton, M.D., PhD	
Kaitlyn Redding, PA-C	

#### GENERAL SURGERY

<b>Surgical Associates</b>	308-345-7878
Walter Eskildsen, M.D.	

## Classes & Services

Call 308-344-2650 for information and to register for most classes.

Visit [www.chmccook.org](http://www.chmccook.org) to find a list of classes and programs. The website includes a calendar with more detailed class information.



Find us on 

Updated September 2022

## MEDICAL SPECIALISTS DIRECTORY

Leading our region to a

# HEALTHIER

*future starts with dedicated medical professionals.*

Community Hospital believes you and your family deserve the very best in accessible care. In addition to our local team of dedicated family healthcare providers, we offer the area's largest array of specialists to help meet your exact medical needs.

### AUDIOLOGY

N. Plummer, Au.D. 308-344-8285

### BEHAVIORAL HEALTH

P. Awe, MSN, NP-C 308-344-8280

B. Ruf, LMHP 308-344-8280

### CARDIOLOGY

#### Bryan Heart

K. Miller, M.D. 308-344-8285

R. Pacini, M.D. 308-344-8285

#### Great Plains Health Heart Institute

G. Kaspar, M.D. 308-344-8285

S. Dassouki, M.D. 308-344-8285

#### Nebraska Heart Institute

R. Heirigs, M.D. 308-344-8285

#### Platte Valley Medical Group

S. Denney, M.D. 308-344-8285

### DERMATOLOGY

J. Bunker, M.D. 308-344-8285

### EAR, NOSE, THROAT

S. Ballinger, M.D. 308-344-8285

J. Blecha, M.D. 308-344-8285

P. Fitzpatrick, M.D. 308-344-8285

### GASTROENTEROLOGY

J. Cloud, M.D. 308-344-8285

M. Freeze, APRN 308-344-8285

A. Nawaz, M.D. 308-344-8285

### GENERAL SURGERY

W. Eskildsen, M.D. 308-345-7878

M. Simonson, M.D. 308-344-8285

K. Wolanin, M.D. 308-344-8285

### NEPHROLOGY

I. Islam, M.D. 308-344-8285

P. Kanade, M.D. 308-344-8285

### NEUROLOGY

A. Kumar, M.D. 308-344-8285

### NEUROSURGERY

C. Obasi, M.D. 308-344-8285

### OB/GYN

B. Klug, D.O. 308-344-8285

T. Pankratz, M.D. 800-742-3305

### ONCOLOGY - MEDICAL

B. George, M.D. 308-344-8285

### ONCOLOGY - RADIATION

T. Hlavaty, M.D. 308-344-8374

### OPHTHALMOLOGY

T. Clinch, M.D. 800-657-2112

### ORTHOPEDICS

E. Correll, M.D. 308-344-8285

R. Lawton, M.D. 308-344-8285

K. Redding, P.A. 308-344-8285

### ORTHOPEDICS - HAND/WRIST

N. Mansuetta, D.O. 308-344-8285

### ORTHOPEDICS - SPINAL

D. Benavides, M.D. 308-344-8285

### PODIATRY

R. Hinze, D.P.M. 308-345-3773  
or 877-345-FOOT

### PULMONOLOGY

D. Cantral, M.D. 308-344-8285

K. Ganatra, M.D. 402-460-5787

### UROLOGY

J. Brown, M.D. 308-344-8285

L. Williams, M.D. 308-344-8285

Updated September 2022



1301 East H Street, McCook, NE 69001  
308.344.2650 | chmccook.org

This Institution is an Equal Opportunity Provider and Employer.





# New Visiting Specialists



## Medical Oncology



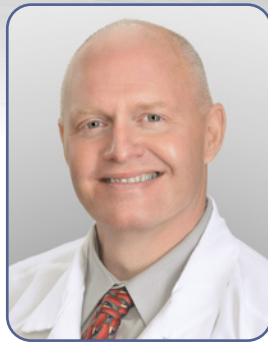
**BENJAMIN GEORGE, M.D.**

A physician specializing in medical oncology and hematology from North Platte began seeing patients at Community Hospital's Medical Specialists Center in June. Dr. George is in practice full-time at the Callahan Cancer Center at Great Plains Health in North Platte and sees patients once a week in McCook.

**New patients must be seen in North Platte at the Callahan Cancer Center to establish care – 308-568-7386.**

All follow-up visits can be scheduled in McCook by calling the Community Hospital Central Scheduling office at 308-344-8285.

## Urology



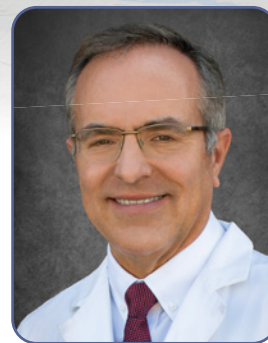
**JAMES BROWN, M.D.**

A new visiting physician specializing in urology, James Brown, M.D., began seeing patients at the Medical Specialists Center in June. He will see new patients and offers diagnosis and surgical treatment of general urological conditions. Dr. Brown is associated with Great Plains Urology in North Platte. He will see patients at Community Hospital on the second Friday of each month. Conditions treated include urinary infections, kidney stones, vasectomies, incontinence, infertility, prostate exams, prostate disease and bladder cancer.

***Physician referrals are not required.***

Call the Community Hospital Central Scheduling office at 308-344-8285 to make an appointment.

## Ears, Nose, Throat (ENT)



**SCOTT BALLINGER, M.D.**

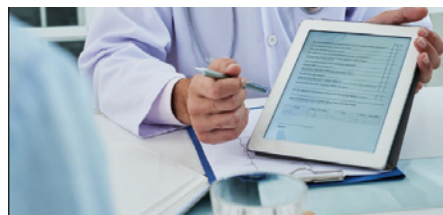
Community Hospital is pleased to announce an ENT physician, Dr. Ballinger, will begin providing six days of coverage per month at our new Medical Specialists Center and in our surgical department October 10. The hospital has been striving to increase ENT coverage in McCook.

***Call 308-344-8285 for more information or to make an appointment.***



# HOSPITAL HEARTBEAT

## NEW ELECTRONIC PROCESS USED AT REGISTRATION



A new product was recently added to aid in patient registration. Interlace Health takes patient information collected on forms and automatically files and stores completed forms in the hospital's Electronic Health Record (EHR). Those forms will instantly be available to Community Hospital's care teams. Important demographic and medical information transfers from one form to another and feeds back into the EHR. It will improve efficiency and enhance Community Hospital's electronic records strategy, reduce paper use and enhance patient experience.

## LULLABY

Community Hospital has a new service that may bring joy to your ears! If you are visiting the hospital and hear Brahms lullaby played overhead on the paging system, it means a new life has come into the world. ***What a reason to celebrate!*** After the baby is born, with the parents' permission, the ward clerk plays the music overhead. Family waiting to hear the good news may hear it first through the lullaby. Community Hospital employees can pause and smile knowing that something very special has just happened.



## HIM HAS MOVED!

Need a medical record? Please take note, the Health Information Management department (HIM) has moved from the hospital campus to **711 East 11 Street**. The department now resides with the Patient Accounts staff in the south door. Phone numbers remain the same.



## SAFE KIDS TRAINING



Community Hospital employees, Baleigh Abbott and Andie Stang (*front row right*), recently completed a several day training with Safe Kids Nebraska to become certified child passenger safety technicians. Interested in getting your child's car seat fitted?

Car Seat Events with our trained child passenger safety experts are offered Wednesday, November 9 and January 11, 2023, at the McCook Fire Station, 505 West C Street, from Noon - 6 pm. Appointments are encouraged, but not required. Call 308-344-8525.



## HOSPITAL PARTICIPATES IN AGE-FRIENDLY HEALTH SYSTEMS INITIATIVE

Age-Friendly Health Systems

2022 Participant

The US population aged 65+ years is

expected to nearly double over the next 30 years. These demographic advances have left our health systems behind as they struggle to provide evidence-based practice to every older adult at every care interaction. Community Hospital announced in April it is part of this movement to improve healthcare for older adults. The initiative implements a set of evidence-based interventions specifically designed to improve care for older adults. In addition, four essential elements of care include: What Matters, Medication, Mentation and Mobility.

## JAN FIDLER DISPLAY



Janet Crocker Fidler, BSN, RN

The next time you visit Community Hospital, stop by to view the display of antique and collectible medical supplies in the main hallway display case on the way to the patient wing. The items were collected by the late Janet Crocker Fidler, BSN, RN and donated to the hospital by her husband following her death from cancer in January 2012. She was employed at Community Hospital from 1976 to 2011.



# Our President's Thoughts

## TROY BRUNTZ, COMMUNITY HOSPITAL PRESIDENT & CEO



As our new fiscal year gets underway, we approach many challenges with optimism. COVID-19 is something we now expect to deal with indefinitely but the ongoing impact to our operations should be manageable. Unfortunately, that has not fixed the capacity issues with the healthcare system across the state. A lack of staffing in nursing homes and in hospitals has made it difficult to discharge patients to a safe long-term care environment and limited the number of beds hospitals can staff.

We have been working with local foundations and schools over the past few months on a program to encourage the education of more nurse aides. This program has trained more than 20 students so far this year and the hope is that more NAs will join the staff of local long-term care facilities as well as the hospital. Providing more staff to the local system of healthcare will improve our ability to transfer patients timely and improve our capacity for staffed beds internally.

We are working with numerous other community organizations, government officials, and leaders to establish goals and initiatives that will make a difference in our education, health, families, and economy. Wellness McCook, anchored by Community Hospital and a Communities of Excellence initiative, has set the stage and continues to pursue improved access to exercise/recreational opportunities.

Community Hospital continues to focus on improving access to quality services. It is exciting to announce we

are adding a visiting ENT physician at our new Medical Specialists Center and in our surgical department. A new family practice physician began practicing at McCook Clinic in September. Weekly onsite medical oncology resumed recently and there are plans to expand the coverage in the near future.

Expanding access to healthcare locally, improving our community's health, and providing the amenities necessary to retain our own and attract new residents is necessary for Community Hospital to achieve its mission of Leading our Region to a Healthier Future. Much work still needs to be done but the plans are in place and the resources necessary exist. I am optimistic and excited for our community and looking forward to the role Community Hospital will play.

## Community Hospital Board of Directors

Kristin Stagemeyer – <i>Chair</i>	Garrett Rippen – <i>Vice Chair</i>	Lena Koebel – <i>Secretary</i>	Darren Esch – <i>Treasurer</i>
Rick Haney	Michael Lord	Kurt Vosburg	
Jana Kmoch	Matt Nielsen		

## Community Hospital Administration

Troy Bruntz – <i>President &amp; CEO</i>	Lori Beeby – <i>Vice President Support Services</i>
Molly Herzberg – <i>Vice President Clinical Services &amp; CNO</i>	
Karen Kliment Thompson – <i>Vice President Ancillary Services</i>	Sean Wolfe – <i>CFO</i>

# FOUNDATION NEWS

## 33rd Annual Community Hospital

### Pro-Am at Heritage Hills

The 33rd annual Community Hospital Pro-Am at Heritage Hills was a great success. Eighteen teams and twenty professional golfers enjoyed beautiful weather, while playing some great golf. Over \$24,500 was raised for the Health Foundation to support Community Hospital's mission, "Leading our community to a healthier future."

Mark your calendars for next year, June 2, 3 and 4, 2023. Results of the Ron Coleman Memorial Horse Race and Community Hospital Pro-Am at Heritage Hills are listed at [www.chmccook.org/foundation](http://www.chmccook.org/foundation). A slide show of sponsors and players is posted on Community Hospital's Facebook page.



Family members of Ron Coleman and Max Brodersen joined McCook Alum Brandon Crick (third from right) after he won the Ron Coleman Memorial Horse Race and was awarded the Max Brodersen trophy. Brandon went on to win the professional division of the Community Hospital Pro-Am as well.

## Thank You To These Community Partners For Their Support!

The Health Foundation's Community Partnership Program promotes sponsorship support at both the Community Hospital Pro-Am at Heritage Hills and the Concert for Healthcare. Financial support of these events provide entertainment opportunities in our area while raising awareness and funds to improve healthcare in southwest Nebraska and northwest Kansas. Contact the Health Foundation for more information.

### 2022 COMMUNITY PARTNERSHIPS

#### CATALYST LEVEL:

MNB Bank  
MNB Insurance

#### INNOVATOR:

CMBA Architects  
First Central Bank  
LifeNet North Platte  
McCook Clinic, PC  
Pinnacle Bank  
Wagner Auto Group


#### TRAILBLAZER:

AKRS Equipment  
Cobblestone Hotel & Suites  
High Plains Radio  
Holiday Inn Express  
Hometown Family Radio  
McCook Gazette  
Seim Johnson  
Valmont Irrigation, Inc.

#### PIONEER:

Idea Bank Marketing  
Innovative Imaging  
Nutanix  
Red Willow Aviation  
Stagemeyer CPA Group, PC  
UBS Financial Services  
Viaero Wireless

COMMUNITY HOSPITAL  
HEALTH FOUNDATION PRESENTS



**JERROD  
NIEMANN**

*Ghost Rider  
Tour*


DOORS OPEN  
**6:00 PM**

BEXAR  
**6:30 PM**

JERROD NIEMANN  
**8:00 PM**

**SATURDAY  
OCT. 8**

**KIPLINGER  
ARENA  
MCCOOK, NE**



TICKETS AVAILABLE AT  
**SEHNERTS,  
COMMUNITY HOSPITAL  
HEALTH FOUNDATION,  
AND TICKETSTORM.COM**



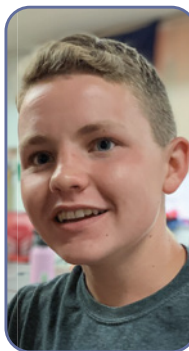
## Investing In Future Caregivers

Over \$15,000 was distributed this past year to deserving students enrolled in healthcare career programs. Community Hospital Health Foundation supports students studying nursing, pharmacy, radiology, speech/language, business and a variety of additional healthcare careers.

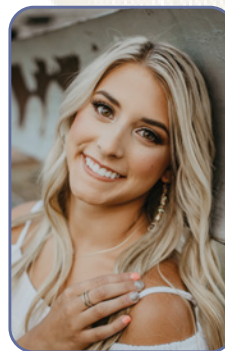
The education assistance program is for anyone enrolled in an accredited healthcare program that plans to return to the area upon graduation. A majority of graduates return and are hired by Community Hospital. Education assistance applications are reviewed up to four times a year by a diverse team of hospital and foundation staff.

A \$5,000 scholarship was given for the Nurse Aide Tuition Assistance Fund through McCook Community College – an action plan of the community Nurse Aide Collaboration project.

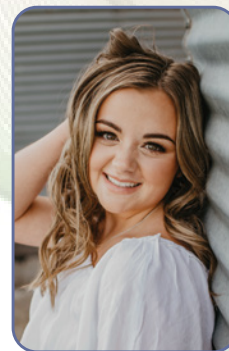
The Health Foundation also awarded \$1,500 in scholarships to deserving high school graduates interested in healthcare careers. **Tucker Gillespie, Alexa Sandman and Addyson Uerling each received a \$500 scholarship.** We wish them all the best as they begin their secondary education in a health career.



*Tucker  
Gillespie*



*Alexa  
Sandman*



*Addyson  
Uerling*

## Nurse Aide Collaboration

Nebraska is experiencing a nursing home bed shortage. This is due to nursing home closures and nurse aid staffing shortages forcing nursing homes to not accept patients due to lack of staff to care for the patients (Hillcrest at the start of this project had staff for 50 of their 100 bed facility). Community Hospital was transferring community members out of our area, sometimes hours away for nursing home care. In February, Community Hospital and Hillcrest Nursing Home began a community Nurse Aide Collaboration project with the primary goal of increasing

available nursing home beds by increasing the number of nursing aides in the McCook area.

Thanks to tuition assistance grants (Health Foundation and McCook College Foundation) and coordination (McCook Public Schools and McCook Community College) five McCook High School students completed a Nurse Aide class this spring. Several are now working as Nurse Aides in McCook. McCook Community College graduated 15 more over the summer. Students successfully completing the classes will receive

full tuition assistance (funded by Community Hospital, Community Hospital

Health Foundation, McCook College Foundation). The collaborative is also developing marketing materials and area healthcare nursing leadership is invited to meet with the students prior to course completion.



# Ballot Initiative

McCook has an exciting opportunity this November to keep our community moving forward for businesses, for families, and for our kids.

This November you can help move McCook forward by voting **YES** to new ballpark facilities and swimming pool.



**McCOOK  
ON THE MOVE**

*More Opportunities*  
AND A BRIGHTER FUTURE FOR McCOOK

## What is the Project?

On the November ballot, residents will have the ability to vote for a ballot measure which would propose the renovation or construction of new ballpark facilities and swimming pool for the city of McCook. The total cost will be one half of one percent sales tax to fund the new ballpark facilities and swimming pool. The costs associated with the project are temporary and will be shared by private donors, tourists and visitors.

## The Impact for Residents?

### More Opportunities for Local Businesses

The new swimming pool and ballpark facility would increase opportunities for McCook businesses.

### Recreational Opportunities for Our Kids

The new public swimming pool and ballpark facility would provide more opportunities for healthy activity and recreation for local children and families.

### A Better Place to Live for our Families

The new public swimming pool and ballpark facility will support families and make McCook a more attractive place to live and work for local residents.



Learn more about the project  
or reach out with questions at  
**McCookOnTheMove.com**

*Paid for by McCook on the Move*



# Health Foundation Distributions

Community Hospital Health Foundation distributed over \$268,295 in grants during fiscal year 2021-22.

*Below is a summary of the larger grants awarded in the past 6 months:*

Community HealthCare  
and Hospice

**\$65,000**

Operational Grant

McCook Fire and  
Rescue

**\$11,250**

Three Nitrous Oxide Kits  
for pain management on  
ambulances

Curtis Medical  
Center

**\$8,870**

New Procedure Chair

Community Hospital  
Imaging Department

**\$5,100**

Mammography Chair

McCook College  
Foundation

**\$5,000**

Contribution to the  
Nurse Aid Tuition  
Assistance Fund

Community Hospital  
Laboratory

**\$3,900**

Chemistry Reagent  
Refrigerator

Curtis Mall

**\$1,800**

Automated External  
Defibrillator (AED)

Community Hospital  
Admissions

**\$1,500**

Interpreting Equipment  
(Stratus, iPad and stand)

Career Discovery Days  
Scholarships

**\$1,500**

Split between three  
high school seniors

## Community Hospital Health Foundation Board Members & Staff:

Neil Gohl – *Chair*

Bruce McDowell – *Vice Chair*

Matt Tiller – *Secretary*

Beth Siegfried – *Treasurer*

Dawna Bates

Troy Bruntz

Jim Hall

Rick Haney

Kristin Stagemeyer

Kurt Vosburg



Jessica Bortner  
*Executive Director*



Dannette Kloepping  
*Executive Assistant & Fund Manager*

## HERITAGE SOCIETY MEMBERS 2022

### VISIONARY – \$500,000 and up

Lemoine 'Andy' and Geraldine Anderson  
Frank Murray Estate  
Myatt & Genevieve Volentine Foundation

### LEADER – \$250,000 to \$499,999

Ethel Armour Barnett Estate  
Dorothy Chambers Estate  
Joe and Alice Edwards  
Orvil Gray Estate  
Charles and Irene Rees Estate  
Sunderland Foundation  
Norman and Sharon Timmerman  
Willard W. and Mildred H. Troutwine  
Kathryn Wall Estate

### PACESETTER – \$100,000 to \$249,999

AmFirst Bank  
Community Hospital  
Graff Charitable Foundation  
Ona Hartman Estate  
Jim and Cathy Kenny  
MNB Bank  
Ellen 'Anne' Morse Estate  
Catherine Rose Estate  
Mollie Schafer Estate  
Myrle L. & W.K. Swanson Estate  
Lester Walker Fund

### BUILDER – \$50,000 to \$99,999

Genevieve Armstrong Campbell Memorial  
Burlington Northern Santa Fe  
Oren and Eleanor Carter  
Community Hospital Auxiliary  
Marcia Earnest Estate  
First Central Bank  
First National Bank  
LoRene Jennings Estate  
Kitty Perkins Foundation  
Diane Kugler  
Russel D. Kugler  
Lifetime Eyecare  
McCook Clinic, P.C.  
McCook Masonic Bodies  
Parker  
Richard Racine Estate  
Southwest Nebraska Physical Therapy  
Jim and Jaime Ulrich  
Sean and Becky Wolfe

### FOUNDER – \$25,000 to \$49,999

Evelyn Adams Estate  
Armstrong McDonald Foundation  
Gary and Donna Bieganski  
BryanLGH Foundation  
Michael E. and Cathy Carr  
Sharon and Stephen Conroy

Dennis and Mary Fargen  
Garrison's for Men & McCook Lettering  
Mabel Gerlach Estate  
Jerry and Diane Gohl  
Golight, Inc.  
Pete and Dolores Graff and Thomas Family  
Mark and Linda Graff  
Heartland Cattle Company  
Harold and Marion Larmon  
McCook Community Foundation Fund  
McCook Daily Gazette  
Larry McNutt Estate  
Maude Neubauer Estate  
Leslie Schmidt and Family,  
*In Memory of Nancy Schmidt*  
Seim Johnson, LLP  
Dr. Mark and Mary Jo Serbousek  
Dr. Leann Serbousek  
The Olson Group  
Wells Fargo Bank, McCook

### PATRON – \$10,000 to \$24,999

AKRS Equipment  
Helen Allen  
Michael Anderson  
John Batty, M.D.  
Jerry and Cheri Beckenhauer  
Chase and Lori Beeby and Family  
Belville-Vondrak Eye Care and Surgery  
Berndt Family Trust  
Bison Dental  
Dr. L.R. and Shirley Blank  
Blue Cross Blue Shield of Nebraska  
Mary C. Brady  
Daniel and Gladys Brockway Family  
Bryant and Peg Brooks  
Troy and Tammie Bruntz  
BryanLGH Heart Institute  
Burns Podiatric Laboratory  
Cattlemen's Ball of Nebraska  
Rose and Ken Chancellor  
Jim and Kristi Clapp  
Jack and Virginia Clark  
Cornbelt Chemical  
Culbertson Bank  
Edward Jones Investments  
Harry and Beverly Eiler  
Elks Club #1434  
Terry and Mary Ellinger  
Larry and Midge Forbes,  
*In Memory of Mark Forbes*  
Kenneth and Marlene Foster  
Ron and Doris Friehe  
Fraternal Order of Eagles #2769  
Geiger & Dietze Ophthalmology  
Great Plains Communications  
Great Plains Health  
John and Nancy Gumb

Eleanor Harris  
Lester and Betty Harsh  
Roy and Margaret Hayes  
HDR Architecture, Inc.  
W.R. Hearst Foundation  
Jack and Betty Hendrix  
Leona Holst  
Horizon Bank  
Patsy Houghton  
Joe and Theresa Leamon  
J.E. Dunn Construction  
Kirk and Becky Kilpatrick  
Kinman-Oldfield Family Foundation  
Kinder Morgan  
Ilene Kisker Estate  
Kenneth and Elaine Kolbet  
J Frank and Faye Korell  
Van and Jan Korell  
Ralph and Jeannette Krumme Estate  
Jim and Shari Lewis  
Lord's Hardware, Furniture & Appliance  
Lots to Love Stores  
Steve and Diane Marr  
Kelvin and Leigh Ann Miller  
MNB Financial Group, Inc.  
Bernie and Nona Mullen  
Evah Nielsen  
Dr. Chris and Karen Nix  
John and Betty Nothnagel  
Nick and Hanah Nothnagel  
Robert and Connie Olsen  
Kevin and Sheri Ord  
Terry Peterson  
Pinnacle Bank  
Pinpoint Communications  
Rena Roberts Estate  
Jill Royse  
Paul and Jodi Sheets  
Lyle and Peg Smalley  
Dave and Jan Smith  
Jeff and Kristin Stagemeyer  
Jerry Stagemeyer Estate  
State Farm Insurance – Linda Maiden, Agent  
Paul M. St. Aubin Estate  
Allen Strunk  
Richard and Jane Stull  
Trevor and Megan Taylor  
Aaron Thompson and Karen Kliment Thompson  
U.S. West Foundation  
Valmont Industries  
Loren Varvle Estate  
Volz, Inc. – Sid and Cathy Stewart  
Wagner Ford-Mercury-Toyota  
Wal-Mart Super Center  
Dr. Wayne and Lori Watkins  
Dr. John and Cindy West  
Dolores Wurm Estate





## **Sue Horn**

Starla Ott

## **Delores Richards**

Family and Friends of Delores Richards

Lauren Butler

Dawn B. Callander

Del and Joyce Richter

Mr. Tyre Nelson

Mr. and Mrs. Kevin Fornoff

Thomas and Debra Bayless

## **JoAnn Wortman**

Del and Joyce Richter

## **Steve Clegg**

JD's Barn

## **Kenneth Malleck**

Family and Friends of Kenneth Malleck

## **Dale Mercer**

Sheri Farrar

Scott and Kris Hanchera

## **Eileen Unger**

Tom and Janie Bredvick

## **Diane Nealeigh**

Barbara Hidy

Heidi Neuhaus

C. Keith and Sandy Miller

## **Larry Lashley**

Family and Friends of Larry Lashley

Tom and Lana Lashley

Kent and Lori Hilker

James and Shirley Nisley

Mike and Diana Molzahn

MNB Bank

## **Jim Reiners**

Norm and Sharon Timmerman

## **Florence Fuchuck**

Stagemeyer CPA Group, PC

MNB Bank

## **Art Koetter**

Stagemeyer CPA Group, PC

## **Karen Ruff**

James Ruff

## **Rod Gaston**

Angus Garey

## **Wayne Messinger**

Family and Friends of Wayne Messinger

Mark and Pat Messinger

Ron and Pattie Uehlin

MNB Bank

Julie Smith

Bradley and Shelby Uehlin

A.J. Little Trucking

Kelly Krier and Rita Philbrook

David and Pamela Wilson

George and Cynthia Lincoln

RanDee Barger

Stephen and Barbara Brown

## **Lola Diederich**

Diederich, Young and Koch Families

Neil and Connie Richardson

## **Del Richter**

Family and Friends of Del Richter

DruAnne Marshall

Paula Kitt

Bette Rice

## **Bill Loescher**

Sherry Donaldson

The Donaldson-Loesher's

## *Finding Comfort in Memorials*

The Health Foundation has been honored to work with several community members wanting to recognize and memorialize loved ones.

Rose's Reading Terrace, an addition to the Healing Garden, was dedicated in memory of Dr. Rose Remington-Gall. Family, friends and healthcare team members gathered in the new space to dedicate the terrace and remember Dr. Remington over Memorial Day weekend.

The family of Kathy Reid also wanted a lasting memorial for Kathy. They chose a memorial opportunity at Community Hospital. A patient room in the newly remodeled Medical Specialists Center bears Kathy Reid's name.

A group of Community Hospital team members donated funds in memory of Byron 'Tom' D. Morgan. Mr. Morgan was the father of Diana Gross, Outpatient Clinic Director. Mrs. Gross chose a beautiful sunflower landscape picture in the Medical Specialists Center as a memorial she thought her dad would like.

The Health Foundation is grateful for all memorials received and works diligently to ensure the funds support Community Hospital in providing healthcare to southwest Nebraska.



*The late Dr. Rose Remington-Gall.*



*Mike Gall sits on the dedicated bench, part of Rose's Reading Terrace. The couple's three children also attended the Memorial Day weekend event in honor of their mother.*



1301 East H Street | P.O. Box 1328  
McCook, Nebraska 69001-1328

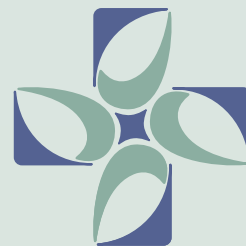
## Welcome to our new magazine:

# THRIVE

### *Leading Healthier Lives*

At Community Hospital, our mission is to “*lead our region to a healthier future.*” For decades, we’ve been known for our advances in quality healthcare. We believe prevention and proactive health measures should be a top priority. Beyond treating you when you're sick, we're here to provide you with the tools, education, encouragement, and support you need to be the healthiest version of yourself. We know healthy populations start within the communities - which is why we strive to provide consistent programming, outreach, events, education, and more to McCook and surrounding areas. We're here for more than just the treatment of illness, but for the prevention of it and the protection of your health.

You have so much to look forward to, and we’re doing our part to make sure you have the resources and support to get there. If you’re ready to take the next step to improving and maintaining your health, check out our current classes and programs created just for you at [chmccook.org/classes](http://chmccook.org/classes).



#### Calendar of Events

##### **October 8**

Concert for HealthCare  
*Kiplinger Arena - McCook*

##### **November 8**

Election Day  
*Vote for the recreational bond*